Welcome to CUB!

CUB is a nationwide, non-profit organization founded in 1976 by women who had surrendered children for adoption. The organization has since grown to include adoptees, adoptive parents, birthfathers, siblings, and others who have been affected by adoption.

CUB strives to address the issues of loss experienced by all triad members. We educate one another and endeavor to promote understanding of adoption issues in the community.

CUB offers a safe, confidential, and nurturing environment to explore personal experiences related to adoption, relinquishment, infertility, search, reunion, and accompanying issues.

As members of the adoption triad, most of us have felt isolated. Many of us have never shared our feelings with anyone. In CUB we learn that we are not alone or unique, that there are others who understand and share our feelings. For those of us who have felt isolated, it is a tremendous relief to communicate with others who understand our experience.

CUB is supported solely by membership dues and donations. For this reason we encourage your membership and involvement.

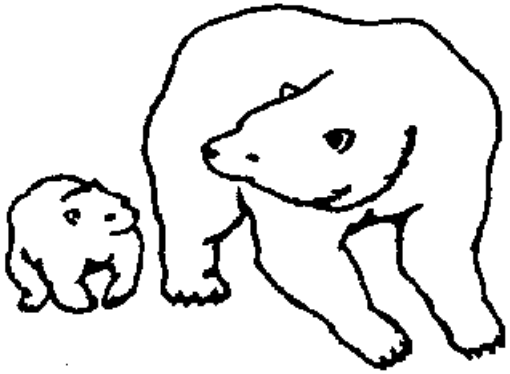
CUB offers monthly support meetings to help people cope with the long-buried feelings that search uncovers. In addition to monthly meetings, CUB provides members with a support network of *Soft Shoulder* phone numbers, a national newsletter, the *CUB Communicator*, and an annual *CUB Retreat*.

By contacting CUB, you will be taking the first step toward coming to terms with the impact adoption has had on your life. As we listen to others share, our view is broadened and we develop understanding and empathy for one another. We would love to include you.

CONCERNED UNITED BIRTHPARENTS, INC.
CUB

This brochure is made possible by a donation from Pearl Jam.

Separated by Adoption?



CUB

Concerned United Birthparents, Inc.

To contact the Regional Director for your area:

800-822-2777

http://www.CUBirthparents.org
email: info@CUBirthparents.org

CUB Members in Reunion:

Birthmom Lee and her son Michael

To contact my son's parents as he neared 16 was risky business back in 1978. But, for Michael's sake, everyone stretched. Though there were some speedbumps in our relationships (including renegotiations with his birthfather), the earlier time Michael and I had piggybacked each other's shadows now seems (almost) like a previous life. "Almost" because decades later, we still marvel at it all.

Birthmother Karen, her daughter Gina and grandson Garrett

"My CUB family has gently carried me through the ups and downs of reunion, including the magical moment of holding my precious grandson."

Adoptee Todd and his brother, David

Reuniting with our son, Todd, a full sibling to our other three children, has been the most joyous yet painful experience of our lives. CUB has been an integral part of our lives for the past ten years, helping each of us deal with the challenges of search and reunion.

Birthmother Mimi, her granddaughter Deja, and her children Soraya, Stephen and Rebekah

"I am eternally grateful for the love, support, understanding and compassion of my CUB friends. I can not imagine my journey of search and reunion with my two daughters without my CUB family by my side."

Mission Statement

Concerned United Birthparents' mission is to provide support for birthparents who have relinquished a child to adoption; to provide resources to help prevent unnecessary family separations; to educate the public about the life-long impact on all who are touched by adoption; and to advocate for fair and ethical adoption laws, policies, and practices.